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HBEA Fall Conference

Save Saturday, October 27, 2007, 8:00 a.m. – 12:30 p.m. for our fall conference *Mixed Plate*, a theme suggested by President Deenie Musick. Starting at the State Capitol, we'll hear Senator Norman Sakamoto tell us how we can become more politically involved, not only as HBEA members, but as private individuals.

Senator Sakamoto will discuss how to give testimony as individuals and not as employees of the University of Hawai'i or the DOE—the process, verbiage to use, formats, etc. He will also cover committee procedures and tracking Career and Technical Education-related bills in the House and Senate. There will also be a tour of where testimonies take place at the Capitol.

After the presentation, we will walk over to the Mandalay Restaurant on Alakea Street for lunch with noted Chinatown historian and guide Anthony Chang, who will discuss the history of some of the Chinese food.

Parking will be available in the State Capitol parking lot at no charge. Enter Miller Street from Punchbowl (directly across the Queen's Emergency Room), follow the road around a bend and down a slope to the chamber level parking lot. Take the elevator up to the second floor and go to Room 229.

The flyer and registration form, which includes the day's agenda, may be found on p. 4. Please sign up today; the deadline to register is Thursday, October 18.

Evelyn Sugihara



Senator Norman Sakamoto

Big Island teacher Sheri Kojima experiences zero gravity

In a recent article in the *Honolulu Advertiser* by Kim Fassler, we were delighted to learn that HBEA member Sheri Kojima had quite an interesting summer vacation. She rode the "Vomit Comet," a modified airplane similar to the one NASA uses to prepare astronauts for



Sheri Kojima

zero gravity, which flies in a parabolic motion, and allows its passengers to float in midair for about 20 seconds at the top of its trajectory.

Kojima, who is reluctant to take even commercial airline flights, almost didn't board the plane. Sheri didn't want to take the flight, but other teachers

persuaded her to make the flight, which turned out to be one of her most enjoyable experiences

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Message from President Deenie Musick



Aloha HBEAers!!

Welcome to a new year of business education activity and information! The following is a list of some of the major activities planned for this year:

- Fall Conference, State Capitol
October 27, 2007
Evelyn Sugihara, chair
- State Conference
January 26, 2008
Frances Kwock, chair

Big Island from p. 1

at the Space Academy in Huntsville, Alabama. "I got hooked," she said.

Kojima, a business teacher at Waiakea High School, on the Big Island is among a group of Hawai'i educators who recently completed

- Spring Conference, Hilo
May 10, 2008
Kay Ono, chair

Our conference chairs have been very busy all summer lining up some fantastic conferences. Thank you, chairs, for your hard work! In this and subsequent issues, you'll learn more about these exciting conferences. It looks like it's going to be a great year, and we have some exciting activities planned.

We're continuing to offer the \$500 grant opportunity. For details, visit <http://www.hbea.org/grant/grant.htm> or e-mail Dottie Sunio <sunio@hawaii.edu>.

I am so thrilled to be a part of this great organization, and I thank you for your membership and participation!!

If you are NOT presently a part our great organization, please contact membership chair Jean Hara by e-mailing jhara@hawaii.edu. In this litigant society, it is wise to be a

Space Academy programs at the U.S. Space and Rocket Center.

For the complete story by Kim Fassler, visit <http://the.honoluluadvertiser.com/article/2007/Aug/02/In/hawaii708020309.html>

member! Why? See Jean Hara's article on p. 3.

I have been a member since 1984, although not continuously, and have enjoyed the camaraderie of membership, the latest in technology information, and keeping up with the current practices in business education. Also, the regional and national conventions have been personally enlightening and fun; everyone needs to experience them at least once.

Hope to see you all in the coming year's events!

Deenie Musick

P.S. We are still seeking a chair for the Ways and Means Committee. Please contact me if you would like to serve.

hbea.org NEWSLETTER

hbea.org is the newsletter of HBEA, the Hawai'i Business Education Association, an affiliate of the Western Business and Information Technology Educators and the National Business Education Association.

Four issues will be published annually in print and/or Web form. Please submit articles for the next issue by November 3 to hbeanewsletter@yahoo.com.

Co-editors:

Karen Quimoyog, Managing Editor
Ellen Nagaue, Circulation & Copy Editor
Emi Troeger, Layout

If you would like to purchase an ad in the next issue, please e-mail:

hbeanewsletter@yahoo.com

2007-2008 HBEA Members = 21

August 24, 2007

Kay Beach	Roy Kamida	Normadeene Musick
Mike Fujita	Fumi Kasahara	Ellen Nagaue
Jean Hara	Frances Kwock	Shelley Ota
Kathy Hill	George Lai	Evelyn Schemmel
Terri Hunt	Harriet Lai	Evelyn Sugihara
Merry Ifuku	Tina Lee	Emi Troeger
Janice Ikeda	Ku'uipo Lum	Florence Yamada

As we went to press, it was learned that there were 60 WBITE/NBEA members from Hawai'i. This number exceeds our targeted goal of 57 by 3 members!

Jean Hara

Sharing Space

Tips for teaching, learning, and living

Welcome to a new school year! Congratulations to Big Island business teacher and HBEA member Sheri Kojima, who recently completed training at the Space Academy in Huntsville, Alabama. We are pleased to reprint an article by Kim Fassler of the *Honolulu Advertiser*. See story on p. 1.

Healthy Living Tips

As summer sizzles to a close, are you finding that you still have a few extra pounds that you need to

melt away? Well, did you know that the more you eat, the faster you can shed those extra pounds? How is this possible? Research has shown that if you snack between your meals your blood sugar remains in check and helps to fight off that “starvation mode” attacks meals. snacks in fiber nutrients to steady your blood sugar levels. The right snacks will help you to burn more calories and reduce that feeling of hunger.



Try to maintain the same eating

schedule each day. This way your body will adapt and the pounds will start to vanish. Do not skip a snack, even if you are not really hungry. They key here is to keep a balance in your system.

Here are some snacks to try:

- 6 oz. lite yogurt
- 1 cup berries
- 10 almonds
- 1 cup lite pudding, 1 T. ground flax
- 4 shrimp, 2 T. cocktail sauce

Information for this article was found in *Woman's World*, July 17, 2007, issue, pp. 20-21.

Karen Quimoyog

Some Great Deals!

If you're reading this, you already know about HBEA. But did you know that that for only \$75 more, you can join the National Business Education Association (NBEA), the nation's largest professional organization devoted exclusively to serving individuals and groups engaged in instruction, administration, research, and dissemination of information for and about business?

Annual membership fees provide automatic membership in a regional affiliate, the Western Business and Information Technology Educators (WBITE). Visit www.nbea.org and www.wbite.org. Two benefits include:

- Free \$250,000 liability insurance for protection from the high cost of lawsuits; an opportunity to subscribe to low-cost life, health, auto, identity theft protection, and long-term care insurance plans.
- Legislative advocate for federal educational legislations.

In future issues, more benefits will be discussed. Or, view the complete article at hbea.org.

Jean Hara

Greetings from NBEA President, Jim Rucker

As you prepare to return to your classes for the 2007-2008 school year, I hope you are looking forward to beginning another great year. A new school year always brings anticipation and reluctance for teachers and students. The first few weeks of each school year may be the most important weeks of the year. It is in these weeks that we set the tone for the remainder of the year. If we begin each year and each day with a positive attitude, our attitude will have a great influence on our students. It is important that as business educators, we are role models for our students.

One of the important aspects of being a good role model is to be active in our professional organizations. I encourage you as members of the Hawai'i Business Education Association to be active in your state association, WBITE, and NBEA. Through an active membership, we can accomplish much to improve the

curriculum and the experience our students will have in our classrooms. Contact any of your state, region, or national officers, and let them know that you would like to make a positive contribution to our profession.



Jim Rucker

As president of the National Business Education Association, it is my honor to represent our association at a number of meetings and events this year. One very important event is our 2008 national convention to be held in San Antonio, Texas. The Mountain-Plains Region wants to show our hospitality to the other regions March 19-22 on the River Walk. The Convention Planning Committee has been busy working on the program. You will have an enjoyable, educational experience networking with fellow business professionals from all the regions.

Have a great school year. I look forward to seeing you in San Antonio March 19-22, 2008.

Jim Rucker

MIXED PLATE!

2007 HBEA Fall Conference
State Capitol and Mandalay Restaurant
Saturday, October 27, 2007
8:00 a.m. – 12:30 p.m.



Agenda:

- 8:00 a.m. – 8:30 a.m. Registration & Danish pastries with orange juice or coffee
- 8:30 a.m. – 9:30 a.m. Presentation by Senator Norman Sakamoto – Testimony Process
- 9:30 a.m. – 9:45 a.m. Break (cookies, bottled water, and coffee)
- 9:45 a.m. – 10:30 a.m. Presentation by Senator Norman Sakamoto – (tracking bills, appointments, etc.)
- 10:30 a.m. – 11:00 a.m. Tour of State Capitol
- 11:00 a.m. – 11:15 a.m. Walk to Mandalay Restaurant on Alakea Street
- 11:15 a.m. – 12:30 p.m. Lunch with Anthony Chang



.....
Yes, I am coming! Sign me up for Mixed Plate! – Saturday, October 27, 2007

Name _____

Address (optional) _____

School/Business _____

e-mail _____ Phone _____

Registration deadline: Thursday, October 18, 2007. Lunch is included at the Mandalay Restaurant.

- HBEA member: \$25
- Non-HBEA member: \$45
- HBEA 2007-2008 dues \$20 regular; \$25 corporate; \$5 retired/student

Total Enclosed \$_____ Check here if WBITE/NBEA member

Please make check payable to HBEA and send to Evelyn Sugihara, Employment Training Center, 874 Dillingham Blvd., Bldg. 71A, Rm. 1, Honolulu, HI 96817.

Photos taken at HBEA activities may be used on the website or in local/national publications.

- I consent I do not consent

Signature _____

2007-2008 HBEA Executive Board

Name/Position	Institution	Contact Information
Normadeene Musick, President	Leeward Community College.....	808 455-0206 - nmusick@hawaii.edu
Dottie Sunio, President-elect	Leeward Community College.....	808 455-0294 - sunio@hawaii.edu
Frances Kwock, Vice President..... State Conference Chair, Awards Chair	Leeward Community College.....	808 455-0224 - frances@hawaii.edu
Tina Lee, Treasurer	Leeward Community College.....	808 455-0349 - tinaplee@hawaii.edu
Shelley Ota, Secretary.....	Leeward Community College.....	808 455-0615 - sota@hawaii.edu
Janice Ikeda, Past President	Radford High School.....	808 421-4200, ext. 259 janiceik@hawaii.edu

HBEA Committee Chairs

Name/Position	Institution	Contact Information
Jean Hara, Membership Chair.....	Leeward Community College.....	808 455-0346 - jhara@hawaii.edu
Karen Quimoyog, Newsletter Managing Editor	Windward Community College	808 235-7377 - kquimoyo@hawaii.edu
Ellen Nagaue, Circulation & Copy Editor.....	Windward Community College, ETC	808 845-9471 - nagaue@hawaii.edu
Emi Troeger, Layout	Windward Community College	808 236-9252 - emi@hawaii.edu
Michael Fujita, Web Master	Leeward Community College.....	808 455-0422 - fujitam@hawaii.edu
Kathy Hill, Social Chair.....	Leeward Community College.....	808 455-0616 - kathyhil@hawaii.edu
Della Kunimune, Historian.....	Leeward Community College.....	808 455-0347 - kunimune@hawaii.edu
Roy Kamida, Constitution.....	Leeward Community College.....	808 455-0348 - kamida@hawaii.edu
Evelyn Sugihara, Fall Conference.....	Windward Community College, ETC	808 844-2315 - esugihar@hawaii.edu
Kay Ono, Spring Conference.....	UH West Oahu.....	808 454-4835 - kayono@hawaii.edu

WBITE and NBEA Officers

Name/Position	Institution	Contact Information
Jean Hara, Awards Chair.....	Leeward Community College.....	808 455-0346 - jhara@hawaii.edu
Kay Ono, NBEA Junior Representative.....	UH West Oahu.....	808 454-4835 - kayono@hawaii.edu
Michael Fujita, WBITE Treasurer..... WBITE Representative	Leeward Community College.....	808 455-0422 - fujitam@hawaii.edu

Hawai'i Business Education Association



Purpose: To promote business education in the State of Hawai'i.

This is a non-profit, professional organization for teachers and administrators of business and information technology courses as well as those businesses and organizations interested in the quality and training of Hawai'i's workforce.

Target members: teachers, administrators, counselors, and business leaders affiliated with

elementary, middle/intermediate, secondary/high schools, postsecondary/colleges and universities, and career and technical training schools on O'ahu, Kaua'i, Maui, Hawai'i, Moloka'i, Lana'i, and throughout the Pacific islands.

Affiliation: National Business Education Association (nbea.org) and its regional affiliate, Western Business and Information Technology Educators (wbite.org), and International Society of Business Education (isbeusa.org).

Benefits of Membership: Access to the HBEA website, newsletters, and membership directory. Opportunities to network with colleagues from K – 20, business leaders, and those with the same concerns regarding the preparation of a highly skilled workforce to meet the needs of business. Learn about the latest in technology and the methods of teaching through the Fall Conference, State Conference, and Spring Workshop at membership rates.



2007 – 2008 HBEA Membership Application

July 1, 2007 – June 30, 2008

Name _____

School/Business _____

Position _____

Subjects Taught: _____

Address: Please indicate your mailing preference Home Work

Required: Check one

Home
 Please print in directory

Work
 Please print in directory

Phone (H): _____

Phone (W): _____

Fax: _____

Email: _____

- Regular \$20
- Corporate \$25
- Retired (was a Regular member 5 yrs) \$5
- Student (full-time grad or undergrad) \$5
- Check if NBEA/WBITE member—separate \$75 fee
- Check if ISBE member—separate \$30 fee

**July 1, 2007 – June 30, 2008
Membership Year**

- This is my first time joining HBEA

Make checks payable to:

Hawai'i Business Education Association or HBEA
Mrs. Jean Hara, HBEA Membership Chair
Leeward Community College
96-045 Ala 'Ike
Pearl City, HI 96782-3393

Photos of you taken at HBEA activities may be used on the website or in local/national publications unless you notify us otherwise.

Questions? Contact Jean Hara, (808) 455.0346 jhara@hawaii.edu



Calendar of events

August 25, 2007	HBEA Board Meeting, LCC, 9 a.m.
October 27, 2007	Fall Conference, State Capitol, 8 a.m.
November 30, 2007	Deadline for Grant Opportunity (see Message from the President, p. 2)
December 8, 2007	HBEA Board Meeting, LCC, 9 a.m.
January 26, 2008	State Conference, Prince Kūhiō Hotel
March 19 – 22, 2008	NBEA Convention, San Antonio Marriott River Center and River Walk
May 10, 2008	Spring Conference and Installation Banquet, Hawai'i Community College, Hilo, Hawai'i
May 23 – 26, 2008	WBITE Conference, Scottsdale, Arizona, Scottsdale Plaza Resort
June 7, 2008	Transition Meeting

N. Musick
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Business Technology Division
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